#### WHAT DOES THE PAID FEES INCLUDE?

Use of Flex Football helmet and shoulder pads + use of Tackle Football helmet, shoulder pads, game jersey, and integrated pants + participants get to keep a practice jersey and mouthpiece.

## WHAT REQUIRED DOCUMENTS NEED TO BE SUBMITTED?

- 1. A copy of the participant's birth certificate
- 2. A completed and signed Waiver Form (found on the FORMS & INFORMATION page)
- 3. A completed and signed 2 page Physical Form (found on the FORMS & INFORMATION page)

These forms should be uploaded into your account.

If you do not have the capability to scan and upload documents, please send them to:

Access The Next Level

PO Box 1535

San Jose, CA 95109

We will scan and upload into your account and return all forms to you.

## WHY IS A POP WARNER PHYSICAL FORM BEING USED FOR THIS PROGRAM?

Most of our players go on to play Pop Warner football in the Fall. Pop Warner requires a physical form dated no earlier than Jan 1 of the current year to be submitted before beginning participation on August 1. Access the Next Level uses this form to assist our families in securing documents they will eventually need in a few months. By uploading this form into your account, you will always have the original. If you can't upload, mail to the address above, we'll scan and upload and return all forms back to you so you keep the originals.

Access the Next Level will provide a doctor on site to conduct physicals for \$20.00.

## WHY IS A PICTURE BEING TAKEN OF MY CHILD?

A picture will be taken to create a player ID card. Your child wears this ID card and it is checked against the team roster by the opposing coach before each game. If your child loses or forgets to bring this ID card on game days, he/she will be unable to participate in that game.

### **HOW MANY PLAYERS ARE ON A ROSTER?**

Rosters have a maximum of XX players. The focus of this program is to increase knowledge levels of the game and improving the fundamental skills that will improve player's abilities. Smaller roster sizes assist with this goal, allows players to rotate and learn multiple positions and provides the opportunity for more game time experience.

## IS THERE A WEIGHT LIMIT TO PARTICIPATE?

The safety of our children is very important to us. The Flex 9 on 9 Football part of the program does not have a weight limit because there is very limited contact. We review and may make some slight adjustments when we begin the Tackle Football part of the program in the interest of the safety of our children.

# WHY IS FULL SPEED CONTACT LIMITED TO 20 MINUTES DURING TACKLE FOOTBALL PRACTICE?

The focus of this league is to increase knowledge levels of the game and on teaching the fundamental skills that improveS player's abilities. We want the majority of the 1.5 hour practice to be focused on conditioning and teaching time during individual and group sessions. We understand the importance of full speed contact time during team sessions, but also take safety and the fact many players will be playing an upcoming 3-4 month Pop Warner season into consideration.

## ARE FEMALES ALLOWED TO PARTICIPATE?

Yes. Females will be issued the same equipment and provided the same opportunities as male players

## WHERE WILL PRACTICES & GAMES BE HELD?

All Conditioning, Skills & Drills, Flex Football and Tackle Football practices & scrimmage will be held at Townsend Field, <u>Home of the Santa Clara Lions Pop Warner</u> program, located at 471 Monroe St. Santa Clara 95050.

There will be 3 Tackle Football practices that may take place at your team's local site (ex: Gilroy, Marina, Andrew Hill, etc.)

All Tackle Football games will be held at Andrew Hill High School, <u>Home of the Hill Side Raiders Pop</u> Warner program, located at 3200 Senter Rd San Jose 95111.

## WHAT IF MY QUESTION WAS NOT ANSWERED ON THIS PAGE?

Email your question to <a href="mailto:info@AccessTheNextLevel.com">info@AccessTheNextLevel.com</a> or call 408-676-NEXT (6398)